

DATE _____

PATIENT NAME _____

DAYTIME PHONE no. _____

REFERRAL FOR

- “Fast-Track” for acute injuries – patient will be seen by MD within 24 hours if possible*
- Knee osteoarthritis program – sport MD consultation to discuss viscosupplementation, bracing and other alternatives to surgery*
- Sports Medicine Physician consultation – covered by OHIP*
- Physiotherapy
- Massage Therapy
- Chiropractic Treatment / Active Release Technique®
- Acupuncture
- Gait analysis / Custom foot orthotics
- Braces including custom knee bracing
- Other _____
- Nutritional counseling
- Sport psychology
- Fitness testing and training
- High performance testing: V02 Max + Lactate
- Ergonomic assessment

REASON FOR REFERRAL _____

Physician Stamp

REFERRING PHYSICIAN INFORMATION

NAME _____

BILLING no. _____

ADDRESS _____

TEL no. _____

FAX no. _____

SIGNATURE _____

Please send more referral pads

Thank you for your referral | VISIT US ONLINE AT **AESM.ca**



DIRECTIONS / PARKING

- If you're travelling by TTC, we're one block east of St. Andrew subway station
- If you're driving, the entrance for parking in the building is off York St. just north of Wellington St.
- If you want to park elsewhere, there is parking at Roy Thompson Hall, off Wellington St.
- We are on the PATH

PROGRAM INFORMATION

- The Fast-Track program is for acute injuries less than two weeks old
- The Knee osteoarthritis program is designed to give patients information about alternatives to surgery in the treatment of OA. These include: viscosupplementation, bracing, physiotherapy, glucosamine and other treatments

PATIENT INSTRUCTIONS

If it's your first visit to AESM, please arrive 5 minutes early for your appointment, in order to get you registered into our system.

- For visits with the sports medicine physician, please bring and show your health card each time
- For shoulder problems, please bring a tank top
- For hip and knee problems, please bring shorts
- For running-related problems, please bring your usual running shoes

CANCELLATION POLICY

Please give us at least 24 hours' notice to cancel an appointment. If you do not give us adequate notice, a charge for your missed appointment may apply.

Thank you for choosing **ATHLETIC EDGE SPORTS MEDICINE** and
KEEP PLAYING!

VISIT US ONLINE AT **AESM.ca**